

# What to Bring to the Navajo Reservation

- Water bottle (extremely important!)
- Sun block, lip balm, hat, sunglasses (dry air makes lip balm a necessity)
- Long pants
- Long sleeved shirts and sweatshirts
- Short sleeved shirts (no sleeveless shirts or tank tops)
- Appropriate length shorts
- Tennis shoes or work boots
- Underwear and socks
- Bath towel, wash cloth, swimsuit for showering
- Shower shoes
- Small shower bag or backpack
- Soap, shampoo, other toiletries (extra contact lenses, backup pair of glasses)
- Sleeping bag and pillow
- Air mattress or foam camping pad
  - *Must be twin size or smaller*
- Bible
- Notebook and pen
- Spending money (may have opportunity to purchase native jewelry)
- Imodium AD and/or Antacid (optional)
- Insect repellent (not every person needs to bring – coordinate with others in your group)
- Flashlight
- Battery powered alarm clock (not every person needs to bring – coordinate with others in your group)

## Notes on Packing

- Carefully read the clothing policy and pack accordingly.
- Everything but the sleeping bag and camping pad or air mattress must fit in one duffel bag or suitcase.
- DO NOT BRING: blow dryers, curling/straightening irons, iPods, electronic games, portable CD players, cell phones (adults may bring cell phone for the purpose of emergency calls), other valuables, or too much cash
  - *YouthWorks is not responsible for any lost or stolen items.*